

PROGRAM OF EVENTS
Saturday, 29 March 2025

AVERY UNLOCKED

vip open day



Reconstructive & Aesthetic
PLASTIC SURGERY



AESTHETICS

Welcome to Avery Unlocked

This exclusive 2-day event unlocks the mystery around advanced medical aesthetic treatments and plastic surgery. It provides a unique opportunity to explore the latest in advanced aesthetic technology, ask personalised questions about your skin concerns, learn about and experience treatment options with our cutting-edge devices, and meet our team of registered nurses and dermal therapists; or join the surgical stream and hear from Dr. Gary Avery (FRACS), Specialist Plastic Surgeon.



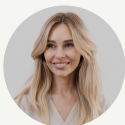
EVENT SPEAKERS

Over the two days, Dr. Avery is joined by a team of highly experienced and qualified professionals. With extensive experience in the medical and aesthetics space, these speakers bring valuable insights, ensuring engaging discussions and meaningful takeaways. Their expertise and dedication create an informative and supportive environment where guests feel empowered, inspired, and confident in their journey.



DR GARY AVERY
(MED 0001633092)

Avery is led by Dr Gary Avery (FRACS), a Specialist Plastic and Reconstructive Surgeon and Board Certified Cosmetic Plastic Surgeon. Dr Avery graduated from the University of Sydney in Medicine in 2001, undertook his surgical and specialty training throughout Australia and New Zealand, and has been operating in private practice in Newcastle since 2013. Dr Avery focuses on aesthetic plastic surgery (sometimes referred to as cosmetic surgery), and leads Avery Aesthetics, Avery's non-surgical service committed to optimising skin quality and health.



MELISSA
Registered Nurse
(NMW0002089930)

Melissa has over 13 years within aesthetics nursing. She takes a holistic approach to facial aesthetics and is mindful to enhance natural facial structures in an individualised way that highlights the strengths of each person.



ELLEN
Registered Nurse
(NMW0001619005)

Ellen began her aesthetic nursing career in 2010, which she pairs with 14 years of emergency nursing. She is a specialist in laser and device treatments and pairing these with other aesthetic treatments to optimise the skin health and the individuality of every person.



SHAUNA
Dermal Therapist

Shauna has over 20-years' experience in the health and wellness world. Shauna is passionate about diagnosing skin conditions and offering personalised treatments and homecare advice, ensuring every person is valued and supported throughout their skin health journey.



MEL
Registered Nurse
(NMW0001253968)

Mel has 30 years' experience in nursing and has supported Dr Avery's surgical patients since 2013. Mel is also part of Avery's scar optimisation team, delivering light, laser, and device services to our surgical patients.



ANNE-MARIE
Care Team Manager

Anne-Marie leads our team of Avery Care Coordinators and is dedicated to ensuring they all deliver the highest standard of care to our surgical and non-surgical patients.

Program of events - Medical aesthetics

Avery Aesthetics is Newcastle's premier destination for skin health, dedicated to providing a range of science-backed aesthetic treatments. With a commitment to excellence, safety and patient-centred care, the team ensures that every individual receives personalised attention and the highest standard of service.

All sessions are interactive and will include demonstrations of treatments & devices, and will provide time for Q&A.



9:15am

Neurotoxin – an opportunity to learn about its potential risks and how it can complement your facial anatomy. Discover your options, including the choice to combine treatments or explore non-injectable alternatives.

Melissa & Ellen

Room 2

Botulinum toxin is one of the most commonly prescribed aesthetic treatments, but how much do you really know about it? Are you fully informed about both its risks and benefits? This is your chance to deepen your understanding of neurotoxins—from how they interact with facial anatomy to the latest device innovations designed to replace or complement botulinum toxin treatments.

Exclusive Avery Unlocked Treatment Packages:

| | |
|---|--------|
| EmTox Restore | \$2800 |
| 4 EMFACE treatments for your cheeks and forehead, plus a complimentary SkinCeuticals P-TIOX serum. Save over \$200! | |
| Total Lift | \$4200 |
| 6 EMFACE treatments for your cheeks and forehead, plus 4 complimentary EXION Face periocular treatments in the same session. Save \$1120! | |

9:30am

Advanced skin rejuvenation: Microneedling, microchanneling & delivery serums demystified: How to choose the right option for your skin at any stage including pregnancy.

Shauna

Room 3

Looking great is one thing, but true skin health starts from within. This session explores how to nurture your skin at every stage of life—including during pregnancy—by choosing the right treatments. Discover how microneedling and microchanneling, with or without radiofrequency, can boost collagen and elastin production, and how professional vitamin and antioxidant cocktails can elevate your skin's overall vitality.

Exclusive Avery Unlocked Treatment Packages:

| | |
|---|--------|
| Needling Renewal Trio | \$1425 |
| Get two areas for the price of one. Choose microneedling or microchanneling for your full face and receive a complimentary neck treatment (3 treatment package). Save up to \$1425! | |
| Glow Boost | \$425 |
| A full-face NanoLaserPeel with a complimentary serum chosen to address your specific skin concerns. Save \$425! | |

9:45am

Discover alternatives to neurotoxin for preventing and reducing facial lines—think of it as HIIT for your elevator muscles, boosting strength and tone naturally!

Melissa & Ellen

Room 2

EMFACE and SkinCeuticals P-TIOX Peptide Serum offer powerful solutions for lifting and smoothing skin. EMFACE is a non-invasive treatment that tones facial muscles and reduces wrinkles—no needles, no surgery. Complementing this, P-TIOX targets expression lines, refining and smoothing the skin. Together, they enhance your skin's appearance from the inside out.

Exclusive Avery Unlocked Treatment Packages:

| | |
|---|--------|
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| Total Lift | \$4200 |
| 6 EMFACE treatments for your cheeks and forehead, plus 4 complimentary EXION Face periocular treatments in the same session. Save \$1120! | |

10:30am Skincare that is personalised – understanding your skin and choosing the right products.

Shauna

Room 3

Skincare doesn't have to be complicated – knowing your skin and selecting the right products is key. Explore the importance of choosing at-home skincare tailored to your specific concerns. Discover how skin analysis technology can remove the guesswork, helping you make informed decisions, and learn how to maximise your results by combining at home products with in-clinic treatments for optimal skin health.

Exclusive Avery Unlocked Treatment Packages:

| | |
|---|--------|
| Skin Shield | \$2800 |
| 4 BBL treatments for face and neck, plus complimentary BBL for your hands at each session & SkinCeuticals Ultra Facial Defence SPF50. Save \$868! | |
| Clear as Silk | \$1050 |
| Full-face treatments with 3 complimentary neck treatments, face mask and LED. Save \$1050! | |

10:30am Explore the science of skin tightening, lifting, & regeneration. Harnessing cutting-edge technology and pharmacological advances to strengthen your skin's deep foundations.

Melissa & Ellen

Room 2

Collagen, elastin, and hyaluronic acid (HA) production slow from our mid-20s, with visible declines by the early 30s. These proteins are the building blocks for skin health and without them our skin can become dull, dry and increasingly lax. Learn how to boost these proteins through devices, prescription treatments, and Rejuran. Learn their benefits, risks, and how they differ to find the best option for your skin.

Exclusive Avery Unlocked Treatment Packages:

| | |
|---|--------|
| Full Face Lift | \$4440 |
| 3 BBL Smooth + SkinTyte treatments + 3 EXION Face Periocular treatments for a full-face and eye lift. Bonus: Complimentary 3-session BBL Smooth and SkinTyte neck treatments. Save over \$2000! | |
| Rejuran Repair Series | \$2325 |
| 3 Rejuran full-face treatments plus 1 complimentary Rejuran eye treatment. Save \$550! | |

11:00am Demonstrations of skin tightening devices and device options for Hyaluronic Acid induction for the face and body.

Room 1

11:30am Navigating menopause: Understanding the long-term impact on skin, muscle tone, and wellness – A deep dive with the Avery experts. **Shauna, Melissa & Ellen**

Room 3

Menopause transforms your skin, affecting hydration, elasticity, and texture. This session explores these changes and how to support your skin with targeted skincare and in-clinic treatments. Learn how to nourish, protect, and celebrate your skin through every stage of this journey.

Exclusive Avery Unlocked Treatment Packages:

| | |
|---|--------|
| Decolletage Dear | \$2275 |
| 1 HALO chest & 1 BBL chest treatment plus an extra BBL chest treatment complimentary. Save \$625! | |
| Chest & Neck Love | \$3975 |
| 3 Rejuran treatments for your eyes and neck and a BBL or ClearSilk décolletage treatment at each appointment. Save \$1875! | |
| 3D Skin Glow | \$2070 |
| 3 EXION Fractionated RF full-face treatments + 3 complimentary neck treatments. Save \$1575! | |
| Total Lift | \$4200 |
| 6 EMFACE treatments for your cheeks and forehead, plus 4 complimentary EXION Face periocular treatments in the same session. Save \$1120! | |
| Time Machine | \$6600 |
| 3 face & neck HALO treatments over 12 months + 2 complimentary face & neck BBLs. Save over \$1400! | |

12:30pm Join representatives from Synergie Skin to discover Australia's own skincare brand committed to 'Clean Science', and ask your questions about this iconic Melbourne based brand.

Lobby

Synergie Skin, founded in 2005 by cosmetic chemist Terri Vinson, is an Australian brand dedicated to creating high-potency, ethically formulated skincare products free from potentially harmful ingredients, aiming to educate and empower individuals to make effective and safe skincare choices.

1:00pm EMSculpt Neo for functional improvement after injury, surgery, or lost conditioning. **Shauna, Melissa & Ellen**

Room 1

A strong core is essential for movement, stability, and overall well-being. When conditioning declines, it can lead to discomfort and affect daily activities. In this session, learn how EMSculpt Neo helps reactivate and strengthen muscles, with a live demonstration highlighting its benefits for improving diastasis recti and enhancing functional strength.

Exclusive Avery Unlocked Treatment Packages:

Be Strong

\$3250

6 EMSculpt Neo treatments for one large area (e.g., abdomen) + receive your 6th treatment complimentary. Includes a complimentary trial, large or small area. Save \$925!

Be Stronger

\$5200

4 EMSculpt Neo for two areas (e.g., abdomen & glutes) + receive your 5th treatment for both areas complementary. Save \$1300!

1:45pm

Laser Season - Using the power of laser to prevent, correct and maintain your skin.

Shauna, Melissa & Ellen

Room 2 & 3

Maintaining healthy, youthful skin means preventing deterioration, repairing damage, and boosting essential proteins like collagen and elastin. The science behind lasers for long-term skin health is undeniable—and now, the world is taking notice, thanks to dramatic Hollywood transformations. Discover cutting-edge laser technologies that deliver powerful and lasting results, helping you achieve radiant skin from the inside out.

Exclusive Avery Unlocked Treatment Packages:

Triple Glow

\$1825

Combine 1 full-face BBL + 1 full face HALO in the same session & receive 1 full-face ClearSilk treatment complimentary. Save over \$800!

Radiance Reset

\$2970

3 EXION Clear RF for face & neck + receive 3 hand sessions complimentary. Save over \$1300!

Time Machine

\$6600

3 Face & neck HALO treatments over 12 months + 2 complimentary face & neck BBLs. Save over \$1400!

Back to the Future

\$2100

3 full-face & neck BBLs over 3 months + complimentary 3 chest treatments at the same appointments. Save \$1875!

2:30pm

Surgical and non-surgical options for giving our eyes, necks & décolletage some love.

Dr Avery, Melissa & Ellen

Room 1 & 2

Treating skin laxity around the eyes and neck was once challenging with limited options—but not anymore. From EMFACE Eye, EXION, and Rejuran to advanced lasers designed for delicate areas, there are now effective solutions. With even more options for the neck and décolletage, prevention remains key. But when is it too late for non-surgical treatments? Join Dr. Avery to learn what makes someone a good candidate for surgery.

Exclusive Avery Unlocked Treatment Packages:

| | |
|--|--------|
| Chest & Neck Love | \$3975 |
| 3 Rejuran treatments for your eyes and neck and a BBL or ClearSilk décolletage treatment at each appointment. Save \$1875! | |
| Forget Me Not | \$1340 |
| 4 EXION neck treatments to induce HA, lift & tighten. Receive 1 complimentary EXION eye treatment. Save \$500! | |
| Decolletage Dear | \$2275 |
| 1 HALO chest & 1 BBL chest treatment plus an extra BBL chest treatment complimentary. Save \$625! | |

All day

Synergie Skin, An Australian skincare brand that harmonises advanced clean science and sustainability.

Room 9

Synergie Skin combines cutting-edge scientific research with naturally derived ingredients to create high-performance, clean skincare that nurtures the skin. Proudly Australian-made, the brand is committed to sustainability, using eco-friendly packaging and formulating products that are free from harmful chemicals, ensuring both skin health and environmental responsibility.

All day

Explore the world's leading medical cosmeceutical skincare brand - SkinCeuticals.

Room 6

Science driven SkinCeuticals is designed to work synergistically with professional aesthetic treatments to yield optimal results for your skin. Due to high potency formulas SkinCeuticals is only available at clinics with medical oversight.

All day

Avery Prize Winners.

Room 4

Winners of our social media competition will be redeeming their prizes throughout the day, enjoying a personalised skin analysis, an 11-minute LED session, or a trial of EXION, our Hyaluronic Acid game changer! See an Avery Concierge on your arrival. We're excited for you to experience these treatments—enjoy your session!

Treatment packages terms & conditions

To be eligible for these packages, you must attend Avery Unlocked. For people new to Avery, a consultation must be booked while attending Avery Unlocked. All consultations must be completed by July 1, 2025. For existing Avery clients, packages must be purchased during the event. Packages are valid until April 1, 2026.

Dr Gary Avery believes non-surgical options assist with optimising skin quality, including scars, and can address a wide range of aesthetic conditions that invasive surgery is not suited for. When you choose Avery Aesthetics for your non-surgical needs, you can expect hand-picked professionals looking after you with the same level of care and expertise that Avery is renowned for in Newcastle, the Hunter region, and beyond.

Program of events - Surgical

We are committed to providing a space where you can safely explore your surgical options. Avery Unlocked is a unique opportunity to engage directly with Dr. Gary Avery, to ask your most pressing surgical questions, start your research, or be curious about surgery in a supportive and informative setting.

Room 7 | How to plan for surgery including the financial implications and optimising your results.

Room 8 | Be informed about surgery: An opportunity to learn about the surgery you are considering by Dr Gary Avery.

All sessions will provide time for Q&A.



9:15am Education session: Reduction mammoplasty (breast reduction) and mastopexy (breast lift) surgeries.

Dr Gary Avery

Room 8

Dr. Avery will discuss the risks and benefits of breast reduction and breast lift surgery, providing a detailed overview of each procedure and what to expect throughout your recovery.

10:15am Education session: Body contouring surgery - surgery after significant weight-loss.

Dr Gary Avery

Room 8

Dr. Avery will discuss surgery to remove excess skin after significant weight loss, which can include the abdomen, back, upper arms, and thighs. He will cover the risks and benefits, expected outcomes, and key considerations for surgery.

10:20am Planning for reduction mammoplasty (breast reduction) and mastopexy (breast lift) surgeries.

Anne-Marie

Room 7

In this session is an opportunity to explore the financial implications of surgery, including the differences between self-funded and health-funded options. This session will also cover when accessing superannuation for surgery is possible, the pathways for procedures with and without a Medicare item number (cosmetic), and the benefits of combining surgical and non-surgical treatments to maintain your results.

11:15am Education session: What is abdominoplasty (tummy tuck) surgery.

Dr Gary Avery

Room 8

Dr. Avery will explain what an abdominoplasty (tummy tuck) involves, including the procedure itself, common risks, expected outcomes, and when non-surgical options could be considered first.

11:20am Planning for body contouring surgery after significant weight loss.

Anne-Marie

Room 7

In this session is an opportunity to explore the financial implications of surgery, including the differences between self-funded and health-funded options. This session will also cover when accessing superannuation for surgery is possible, the pathways for procedures with and without a Medicare item number (cosmetic), and the benefits of combining surgical and non-surgical treatments to maintain your results.

12:15pm Education session: Augmentation mammoplasty (breast augmentation) surgery and the place of fat grafting.

Dr Gary Avery

Room 8

Dr. Avery will discuss breast augmentation and key factors to consider, including implant size, the lifespan of implants, the risks associated with surgery and implants, and whether fat grafting is the answer that some people think it is.

12:20pm Planning for abdominoplasty surgery.

Anne-Marie

Room 7

In this session is an opportunity to explore the financial implications of surgery, including the differences between self-funded and health-funded options. This session will also cover when accessing superannuation for surgery is possible, the pathways for procedures with and without a Medicare item number (cosmetic), and the benefits of combining surgical and non-surgical treatments to maintain your results.

1:15pm Education session: Breast implant explantation (breast implant removal), and breast implant removal with mastopexy (breast lift).

Dr Gary Avery

Room 8

Dr. Avery will discuss breast implant removal and breast implant removal with a breast lift, covering what to expect from each procedure, potential risks, likely outcomes, and key factors to consider.

1:20pm Planning for augmentation mammoplasty (breast augmentation) surgery.

Anne-Marie

Room 7

In this session is an opportunity to explore the financial implications of surgery, including the differences between self-funded and health-funded options. This session will also cover when accessing superannuation for surgery is possible, the pathways for procedures with and without a Medicare item number (cosmetic), and the benefits of combining surgical and non-surgical treatments to maintain your results.

2:20pm Planning for breast implant explantation (breast implant removal), and breast implant removal with mastopexy (breast lift).

Anne-Marie

Room 7

In this session is an opportunity to explore the financial implications of surgery, including the differences between self-funded and health-funded options. This session will also cover when accessing superannuation for surgery is possible, the pathways for procedures with and without a Medicare item number (cosmetic), and the benefits of combining surgical and non-surgical treatments to maintain your results.

These education sessions are designed to provide general information about the surgery you are considering. They do not replace the need for an individualised consultation to discuss your specific needs and circumstances.

Dr. Gary Avery (MED0001633092), a registered medical practitioner, with specialist registration in Surgery – Plastic Surgery.

Thank you

Whether you're taking the first step in your aesthetic journey or looking to refine your understanding of advanced treatments, Avery Unlocked is designed to empower you. We hope this event has provided you with the knowledge, confidence, and connections you need to make informed decisions about your future skin health.

